

**Dr. Surbhi Abrol**

M.Ch Plastic, Reconstructive & Aesthetic Surgeon

Seeking Consultant Position – Mumbai/Bangalore / Hyderabad

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### **Professional Summary**

Superspecialty-trained Plastic and Reconstructive Surgeon with comprehensive experience in microvascular reconstruction, limb trauma reconstruction, burns management, and oncoplastic breast surgery. Trained at a high-volume tertiary care center with strong exposure to complex trauma and reconstructive surgery. Academically active with multiple peer-reviewed publications and national conference presentations. Seeking a Consultant position with primary focus on reconstructive plastic surgery.

### **Core Areas of Expertise**

- Microvascular Reconstruction (Assisted)
- Limb Trauma Reconstruction
- Hand Trauma (Minor & Major)
- Burns Management & Post-Burn Reconstruction
- Oncoplastic Breast Surgery
- Pedicled & Regional Flaps
- Split Thickness Skin Grafting
- Wound Care & VAC Therapy
- Aesthetic Surgery (Observational Exposure)

### **Operative Experience (Approximate)**

- Free Flaps (Assisted) – 12
- Pedicled Flaps – 40 Assisted | 5 Independent
- Hand Trauma and lower limb trauma (Minor & Major) – ~500 cases (Both in ED and main OTs)
- Burns Management & Reconstruction – ~150 cases
- Facial trauma — 30 cases- independently
- Aesthetic Procedures (Observed) – 25 assisted.

### **Professional Qualifications**

M.Ch – Plastic & Reconstructive Surgery, Chengalpattu Government Medical College & Hospital, Tamil Nadu (Jan 2023 – Jan 2026)

M.S – General Surgery, ASCOMS, Jammu (May 2018 – July 2021)

MBBS – Government Medical College, Jammu (2010)

Internship – Government Medical College, Jammu (Nov 2015 – Nov 2016)

### **Professional Experience**

Senior Resident – Plastic Surgery, Chengalpattu Government Medical College & Hospital

Managed hand trauma and limb injuries, assisted in microvascular free tissue transfer, independently performed skin grafting, contracture release and selected pedicled flaps, managed acute burns and post-burn deformities, and participated in academic teaching.

Senior Resident – General Surgery, ASCOMS, Jammu

Managed elective and emergency surgical cases including abdominal and laparoscopic procedures, with active academic and clinical involvement.

### **Certifications and Workshops**

- ATLS (Advanced Trauma Life Support)
- Basic Course in Biomedical Research
- Microscopy Training – Johnson & Johnson, Chennai
- Observership in Aesthetic ( surgical and Nonsurgical ) under Dr. Roy kanjoor and Dr vikram In coimbatore
- Observership in oncoplastic reconstruction in Governement cancer karapetti hospital , kancheepuram.
- Pre conference Workshop on Microsurgery and Hair Transplant – TANPAPS 2025
- Flap Dissection Workshop on Cadavers – APFSSH 2025, Mumbai

### **Awards & Achievements**

- 1st Prize – Quiz, LHMC UPDATE (2021)
- 1st Prize – Paper Presentation, JAKASICON (2020)
- Runner-up – Plastiquet Challenge, APSICON (2025)
- Appreciation Award – Vice Chancellor, Tamil Nadu (26 Jan 2025)

### **Scientific Publications**

- Abrol S, et al. Amoebic Liver Abscess – Diminished Role of Operative Treatment. Indian Journal of Basic and Applied Medical Research. March 2020; Vol 9, Issue 2, Pages 132-134. DOI: 10.36868/IJBAMR/2020/12200.51250
- Abrol S, et al. To Determine the Association Between Anemia and Occurrence of Surgical Site Infection in a Tertiary Hospital. International Journal of Current and

- Advanced Research. 2020; 09(08), Pages 22929-22932. DOI:  
<http://dx.doi.org/10.24327/ijcar.2020.22932.4532>
- Abrol S, et al. Torsion of Epiploic Appendages Simulating Acute Appendicitis. IP Journal of Surgery and Allied Sciences. 2020.
  - Abrol S, et al. Clinical Profile of Incisional Hernia and Minimally Invasive Approach Using Larger Mesh for Repair. Journal of Indian Medical Association (JIMA). Dec 2021.
  - Abrol S, et al. Anemia as a Risk Factor for Port Site Infection in a Tertiary Care Hospital in Jammu and Kashmir. IJMSR. Dec 2021.
  - Abrol S, et al. Role of Tranexamic Acid (Topical and Intravenous) on Blood Loss in Uncomplicated Laparoscopic Cholecystectomy – Prospective Study. JK Pract. 2023; 28(1-2): 42-46.
  - Abrol S, et al. Gall Bladder Polyps – A Paradigm Shift: Need for Reappraisal of Guidelines. Journal of Indian Medical Association.
  - Abrol S, et al. Review Article: Post Herpetic Abdominal Pseudohernia (PHAP). Journal of Indian Medical Association. Sept 2021.
  - Abrol S, et al. Case Report: Villous Adenoma of Duodenum Mimicking Intussusception. International Journal of Innovative Science Research Technology. Feb 2020.
  - Abrol S, et al. Plastic Surgery Research: Comparison of Donor Site Healing Post Split Thickness Skin Graft – Collagen vs Paraffin Gauze. MGR University e-Journal.

## **Conference Papers & Poster Presentations (Year-wise)**

### **2018**

- Poster: Suprasternal Mass with Discharging Sinus Secondary to CA Lung – JAKASICON

### **2020-2022**

- Paper Presentation – AMASICON
- Paper Presentation – 13th SELSICON & 12th IHSCON
- 1st Prize – Paper Presentation, JAKASICON

### **2023**

- Organized CME on Plastic Surgery Day – Chengalpattu Medical College

## 2024

- Attended Diabetic Foot Workshop – Ganga Hospital, Coimbatore (August 2023)
- Participated in Breast Oncoplasty Workshop and Preceptorship – ACTREC, Kharghar (11–16 November 2024)

## •2025

- Attended AESURG 2025 online
- Appreciation Award – Vice Chancellor of Tamil Nadu (26 January 2025)
- Paper Presentation-: Donor Site Analysis Post Split Thickness Skin Graft – Collagen vs Paraffin Gauze – TANPAPS 2025
- CME on Evolutions and innovations In Plastic Surgery in Coimbatore Medical College and Hospital.
- Poster presentation: Poland Syndrome – Sporadic Heterogenous Manifestation – APFSSH, Mumbai
- Short Case Presentation –Post Graduate 6th Clinical CME Plast Surgery in Madurai Medical College
- Runner-up – Plastiquest Challenge, APSICON( online)
- Participation in Stanley Medical college Gold medal award
- Participation in Madras Medical College Gold Medal Award

## Book Chapters

- Ever Evolving Surgical Treatment of Inguinal Hernia in Adults – Upsurge (2021-2022)
- – one chapter on Howard Greens in a book under process “Game Changers in Plastic Surgery” (2026 ) - under process.

## Technical Skills

- Microvascular Assistance & Anastomosis Exposure
- Regional & Pedicled Flaps
- Hand Trauma Management
- Burn Care & Reconstruction
- Oncoplastic Techniques
- Academic Teaching & Clinical Research